

Country Traditions

FROZEN FOOD OUTLET

112 INDUSTRIAL BLVD. NAPANEE • 354-1326
 WWW.COUNTRYTRADITIONS.CA

*While quantities last, prices in effect now until December 1st, 2022

WE OFFER THE LARGEST SELECTION OF FRUITS & VEGETABLES
 Individually Frozen • No Additives • LOWEST PRICES



THEY ARE BACK - DON'T MISS OUT
**HAM & TURKEY
 DELI TRAYS**

MEAT, CHEESE & CRACKERS
 STOCK UP NOW **REG. \$18.99**

\$9.99
 822g



LEADBETTER'S
**PREMIUM LEAN
 GROUND BEEF**

\$9.99
 3x400g

ONLY \$3.78/LB **REG \$14.99**



LEADBETTER'S
**FRESH PORK
 COTTAGE ROLLS**

\$3.99
 /LB

STOCK UP NOW **REG \$6.99/LB**



PREMIUM
**BREADED VEAL
 CUTLETS**

\$8.99
 2 LBS

REG \$12.99



**FULLY COOKED
 BBQ PORK
 BACK RIBS**

\$9.99
 600g

DON'T MISS OUT **REG \$12.99**



MEAL KIT FOR 2
**BUTTER
 CHICKEN**

\$7.99
 800g

CHICKEN, SAUCE & RICE
 READY IN 15 MINUTES **REG \$12.99**



GOURMET
**ITALIAN STYLE
 MEAT LASAGNA**

\$18.99
 5 LBS

REG \$21.99



RAW-EASY PEEL
**BLACK TIGER
 LARGE SHRIMP**

\$4.99
 300g

20-27 SHRIMP/BAG **REG \$9.99**



**CLASSIC
 BREADED POLLOCK
 FISH & CHIPS**

\$4.99
 560g

DON'T MISS OUT **REG \$8.99**



CANADA GRADE A
**PREMIUM WHOLE
 STRAWBERRIES**

\$5.99
 1kg

REG \$9.99



**FULLY COOKED
 CHICKEN BREAST
 SOUVLAKI**

\$5.99
 1 kg

A MUST TRY **REG \$10.99**



FINE DICED
**HASHBROWN
 POTATOES**

\$3.49
 4 LBS

REG \$6.99



**PREMIUM CENTRE-CUT
 SLICED & SMOKED
 BACON**

\$4.99
 500g

ONE SHOT DEAL **REG \$7.99**



MCCAIN ASSORTED
**DEEP'N DELICIOUS
 CAKES**

\$2.99
 510g

MARBLE, CHOCOLATE, VANILLA
 OR COCONUT **REG \$4.99**



THAW & SERVE
**10'' PRE-BAKED
 BLUEBERRY PIE**

\$4.99
 1 kg

REG \$8.99

WE CARRY BAGGED ICE **\$2.25** 5LBS

MON - WED 9-6 • THURS 9-7 • FRI 9-8 • SAT 9-6 • SUN 10-5